



# **Zongradering**

*Tyresö 2005-11-27*



*Randori*



# Zongradering

## Tyresö 2005-11-27



David, nage-no-kata





# ***Zongradering***

## *Tyresö 2005-11-27*



*Gustaf, nage-no-kata*



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*Gustaf, katame-no-kata*





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David Larsson  
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